The workshop

Story Book Making,

My body and Life.

Introduction

Girls are most likely to acquire curiosity, creativity, cooperation, and knowledge skills when they learn to make their own story books. The choice of topics is a way for girls to demonstrate their understanding of the sexuality concepts in an easy and pleasant activity that enhances their abilities. It can be presented as a group activity for girls with and without disabilities. Story book making can be one page or several pages in any size.

Objective/s of workshop:

promote the importance of taking care of our bodies content areas for girls with and without disabilities (self care and sexuality).

- complete a short story on a concept of the body functions, Through answering some questions:

Do you like your body?

Do you have friends, neighbors, relatives?

Who like your body?

How do you use your body?

Which part in your body is important from your point of view?
- Mode of training:

**practical workshop using art materials**

<table>
<thead>
<tr>
<th>Objectives (session wise)</th>
<th>Content Covered</th>
<th>Time</th>
<th>Learning outcomes</th>
<th>Activities</th>
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</thead>
<tbody>
<tr>
<td><strong>promote the importance of taking care of our bodies</strong></td>
<td>self care and sexuality for girls with and without disabilities</td>
<td>3 or 4 hours</td>
<td><strong>The Art plays an important role to help people to have information about self expression ways without fear.</strong></td>
<td>Using art materials (construction paper of all colors, glue, scissors, water colors, brushes, pencils and colored markers)</td>
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<tr>
<td><strong>complete a short story on a concept of the body functions</strong></td>
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<td><strong>promote the importance of taking care of our bodies content areas for girls with and without disabilities in the Middle East and other developing countries.</strong></td>
<td>To design a story book</td>
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