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NELOFAR KIRAN RAUF

OBJECTIVE

To be a part of an esteemed institution, from where I can learn and explore and to excel in my field

QUALIFICATION

Received Mphil psychology **(2003-2006)** from National institute of Psychology, Quaid_i_Azam University, Islamabad.Pakistan

PRESENT STATUS

Recently working as Lecturer (BPS -18) in National institute of Psychology, Quaid_i_Azam University, Islamabad.Pakistan

WORK EXPERIENCE

- Worked in National institute of Psychology, Quaid_i_Azam University, Islamabad.Pakistan as a lecturer on contract basis **(February 2007-November 2007)**
- Worked with an International NGO HelpAge Merlin as a researcher **(September 2006 – February 2007)** in earth quake areas of Pakistan
- Worked for one year **(September 04 – September 05)** as a Lecturer in 17th Grade at Fatima Jinnah Women Unievrsity, Rawalpindi.
- Worked as Museum Documentalist and ethnological researcher for one year **(May 2002 – September 2003)** under the supervision of executive director Lok Versa, on the project of National Heritage Museum, at Lok Versa, Islamabad.
- Worked as T.A (Teaching Assistant) with Dr .Mumtaz Jaffery **(Winter 2002)** for the course “Introduction to Counseling” at Fatima Jinnah Women University, Rawalpindi.
- Worked as T.A (Teaching Assistant) with Dr. Najma Najam Vice Chancellor FJWU, for one semester **(Summer 2002)**

for the course” Introduction to Behavioral sciences”.

- Worked as an internee in Registrar office at the Fatima Jinnah Women University, Rawalpindi from **July 2000 to August 2000** and **August 2002 to September 2002**.

PAPER PRESENTATIONS AND PUBLICATIONS

- Poster presentation on the topic” Comparison of personality traits of visually impaired children and their sighted siblings” on National Health Sciences Research Symposium on Mental Health held at Aga Khan University, Karachi (**September 22 – 23,2003**), Abstract published.
- Oral presentation (made by Verda Dar and co-authored by Nelofar kiran Rauf) on the topic “Comparison of visually impaired children’s perception with their sighted siblings on perceived parental acceptance ,rejection and control” on National Health Sciences Research Symposium on Mental Health held at Aga Khan University, Karachi (**September 22 – 23,2003**) Abstract published..
- Paper presentation ” Comparison of personality traits of visually impaired children and their sighted siblings” on the scientific session of 2nd National Symposium on ”Burden Of Disabilities” (**20th & 21 December 2003**) held by NIHD in collaboration with PMRC & WHO Islamabad, Abstract published.
- Paper presentation (made by Verda Dar and co-authored by Nelofar kiran Rauf) on the topic “Comparison of visually impaired children’s perception with their sighted siblings on perceived parental acceptance ,rejection and control” on the scientific session of 2nd National Symposium on ”Burden Of Disabilities” (**20th & 21 December 2003**) held by NIHD in collaboration with PMRC & WHO Islamabad., Abstract published.

SUMMER JOBS

- Three months(**Summer 2000**) intensive Internship in Administration of Fatima Jinnah Women University, Rawalpindi

- One month (**Summer 2000**) Research work and Field study (Internship) in Swabi (NWFP) under supervision of SNPO.

COMMUNITY ACTIVITIES

- (**May 2004**) Detailed community study of Village Sharidra (near Islamabad) and SOS Villages set ups around Pakistan, with major focus on set ups of SOS in Rawalpindi and Lahore.

SUMMARY OF QUALIFICATIONS

- (**1999-2002**) Masers in Behavioral sciences from Fatima Jinnah Women University, Rawalpindi.
- (**1997-1999**) Graduation (English Literature & Psychology) from F.G college for women Kashmir road, Rawalpindi cantt
- (**1995-1997**) HSSC (PreMedical) from F.G college for women Kashmir road, Rawalpindi cantt
- (**1985-1995**) SSC (Science) from Station School No 1, Rawalpindi cantt

RESEARCH EXPERIENCE

- **January 2007:** “**Health status of Elderly in Earth quake areas of Pakistan**” A research done in IDP camps of Muzaffarabad in collaboration with Help age international
- **June 2006:** Recently completed thesis work titled “**An assessment of stress levels of parents and siblings of disbaled children**” Under the supervision of Dr.Nighat Gillani
- **May 2004:** Worked on “Suicide as a Gender issue” under the supervision of Dr.Anila Kamal
- **May 2003:** Artifact documentation on Metal work and Pulkari under the supervision of Uxi Mufti, Executive director Lok Versa.
- **March 2003:**Ballad and romances in pakistan and their effect on Pakistani culture under the Supervision of Uxi Mufti, Executive Director Lok Versa

- **December 2002:** Detailed research and field work done on Multan under the Supervision of Uxi Mufti, Executive Director Lok Versa
- **June 2002-December 2002:** Detailed research and field work done on Khyber Pass under the Supervision of Uxi Mufti, Executive Director Lok Versa
- **June2002-December2002:** Cultural documentation done on Uddiyana, Hazara, Khyber pass, Architectural crafts and artisans at work under the supervision of Uxi Mufti, Executive Director Lok Versa.
- **January 2002** - Dissertation on parental attitude towards blind children and their sighted siblings, its effect on their personality and parental attitude towards blind children under the supervision of Dr. Najma Najam.
- **June 2001-** Stress coping strategies in students of Fatima Jinnah Women University under the supervision of Dr. Shazia Harris.
- **May 2001-** Hospital Waste Management in Civil Hospital under the supervision of Dr. Hassan Orooj.
- **Summer 2000** - Women's health and locus of control in Swabi (NWFP) under the supervision of Dr. Najma Najam.

QUESTIONNAIRE CONSTRUCTION

- **Attitude and awareness questionnaire towards hospital waste management** for the course “community medicine and public health “under the supervision of Dr.Hassan Arooj.
- Questionnaire for **Stress coping strategies** for the course “health psychology” under the supervision of Dr.Shazia Harris.
- **Parental attitude towards visual impaired children** for thesis work under the supervision of Dr.Najma Najam.
- Developed and validated “**Questionnaire to assess stress levels of siblings of disabled children**” under supervision of Dr.Nighat Gillani
- Translated and adapted “**Questionnaire on Resources and**

stress (QRS-F) under supervision of Dr.Nighat Gillani

COMPUTER SKILLS

- Having full command on Microsoft office.
- Can operate **SPSS** 7.5, 8.5 , 10.5& 13.0 versions
- Can handle Adope Photoshop CS

INTERESTS

Exploring new environment, traveling,art and craft, internet surfing, reading, reading and exploring about Pakistani culture, fine arts, Photography and research

REFERENCES

- **Dr Nighat Gillani**

Associate Professor,National Institute of Psychology

Quaid-e-Azam University,Islamabad

- **Dr.Najma Najam.**

Vice Chancellor, Fatima Jinnah Women University,
Rawalpindi.Phone #

051- 9271167,

Email: fjwu@meganet.com.pk

- **Uxi Mufti**, Executive Director,

Lok Versa, Islamabad.

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